

Developing Physical Literacy

A Guide For Parents Of Children Ages 0 to 12



*"To create an active and healthy population ALL Canadian children need a sound foundation of movement and sport skills to build on later in life; and this foundation is called **Physical Literacy.**"*

Please join the ASRPWF in launching *"Developing Physical Literacy"*

Dr. Colin Higgs will be in Alberta:

Wednesday, May 21, 2008

Ramada Hotel

11834 Kingsway

1:00 pm—3:30 pm

Thursday, May 22, 2008

Four Points by Sheraton

8220 Bowridge Cres. (across from COP)

10:00 am—12:30 pm

Dr. Colin Higgs is a member of Canada's Long Term Athlete Development Expert Group. Dr. Higgs has worked in physical education and sport for almost 40 years. A Director and a Professor at Memorial University of Newfoundland since 1975. He has worked in more than 30 developing countries on issues of curriculum development, HIV/AIDS education programs and the development of National Sport Plans. Dr. Higgs was recently awarded the inaugural International Paralympic Committee's Sport Science Award.

Please RSVP—Colleen Dec (colleen.dec@gov.ab.ca)

by May 14, 2008

Limited Seating


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for Life**

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