

With input from Live Active Champions group, here are 97 ways to live active in Edmonton in 2020. How many will you do?

1. Aquafit
2. Bean Bag Toss
3. Triathlon
4. Wrestling
5. Tug of War
6. Marco Polo
7. Taekwondo
8. Bocce
9. Squash
10. Raking Leaves
11. Snow Shoveling
12. Sitting Volleyball
13. Basketball
14. Scootering
15. Fitness Activities
16. Football
17. Monkey Bars
18. Hacky Sack
19. Obstacle Course
20. Lawn mowing
21. Disc Golf
22. Slacklining
23. Folk/Cultural Dance
24. Hiking
25. Cheerleading
26. Beach Volleyball
27. Trampolining
28. Lacrosse
29. Rollerblading
30. Goalball
31. Judo
32. Sledge Hockey
33. Dog Walking /Agility
34. Broomball
35. Handball
36. Fatbiking
37. Ultimate Frisbee
38. Running
39. Dancing
40. Kayaking
41. Dancing
42. Cross-Country Skiing
43. Skateboarding
44. Rugby
45. Building a snowman
46. Downhill Skiing
47. Polar Bear Dip
48. Paddleboarding
49. Community Cleanup
50. Surfing
51. Hula Hooping
52. Rowing
53. Ringette
54. Hopscotch
55. Tennis
56. Chopping Wood
57. Capture the Flag
58. Table Tennis
59. Gardening
60. Lawn Bowling
61. Flying a Kite
62. Dodgeball
63. Weightlifting
64. Pickleball
65. Build a Sandcastle
66. Snowfort Building
67. Geocaching
68. Softball
69. Rock Climbing
70. Axe Throwing
71. Jump Rope
72. Housework
73. Snowball Fight
74. Snowshoeing
75. Tobogganing
76. Yoga
77. Volleyball
78. Horseshoes
79. Athletics
80. Dragon Boating
81. Golf
82. 5-Pin Bowling
83. Walking
84. Karate
85. Diving
86. Soccer
87. Cricket
88. Archery
89. Pilates
90. Skating
91. Water Polo
92. Wheelchair Basketball
93. Curling
94. Swimming
95. Cycling
96. Canoeing
97. Ice Hockey