

Name: Curling Canada - Egg Farmers Rocks & Rings

Description:

- Program visits participating schools for a full school day. They take over the gym as classes take turns visiting for 40 minute sessions of fun and instruction.
- Various drills, relays and team-building activities are used to introduce students to the sport of curling.
- Also available: birthday parties, summer camps, community groups and more.

Cost:

- Program - \$225 per school
- Equipment - Starter Kit \$569 (1 carrying case, 8 FloorCurl rocks, and 2 target/house mats); Extra target mats - \$99
- Equipment availability: <http://floorcurl.com>

Contact:

- <http://rocksandrings.com>
- Use the email template; or
- info@rocksandrings.com

Name: Little Aces (Progressive Tennis)

Description:

- Edmonton Junior Tennis Society is a community tennis program providing affordable and accessible tennis programs for children and families in gyms, community centers, clubs and schools. With an emphasis on skill development, children participate in mini-tennis formats that use age and skill appropriate equipment and court sizes.
- Modified programs and appropriate tennis balls, racquets, nets and courts are offered for children aged 4-12.
- Edmonton Junior Tennis Society teams up with Canadian Tire Jumpstart and the Edmonton Public School Board to deliver a free kids' tennis program to students in grades 3-5. Students learn tennis basics in their own gymnasiums, during the eight-week program, using

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progressive tennis techniques, smaller-sized racquets, slower and lower-bouncing balls, and smaller sized courts. In addition to the programming, each child is provided a tennis racquet.

Cost:

- 2019 Winter Programs (April – June) range from \$105 to \$210 (6 to 11 classes)

Contact:

- <http://edmontonjuniortennis.com>
- info@edmontonjuniortennis.com or matt.ormandy@edmontonjuniortennis.com
- 780-504-2661 or 780-667-0960

Name: National Archery in the Schools Program

Description:

- The program's focus is to provide International Style Target Archery training in physical education classes, grades 4-12. The Alberta Hunter Education Instructors' Association (AHEIA) is the coordinator of this program.
- Before presenting the NASP® archery units of study, teachers must undergo an 8-hour National Archery in the Schools Program® Basic Archery Instructor Training Program. Once teachers have successfully completed this program, equipment can then be ordered through NASP®.

Cost:

- Equipment: <https://www.naspschools.org/gear/equipment-information>

Contact:

- <http://aheia.com/NASP>
- AB Provincial Program Coordinator, AB Hunter Education Instructors' Association
- 403-319-2277; dave@aheia.com

Name: Athletics - Run, Jump, Throw, Wheel; General Play Skills (GPS)

Description:

- The Run Jump Throw Wheel is a program for children 6-12 years of age which teaches fundamental movement skills and develops physical literacy using track and field activities and games.
- All activities are designed to teach fundamental movement skills using developmentally appropriate progressions to introduce and develop skills, with skill consolidation done through games and skill challenges.
- In an initial 6-8 week program, these skills and concepts are introduced and are subsequently refined in more advanced sessions, working through a progression of 5 skill levels, taking two to four years to complete.
- The GPS program teaches fundamental movement skills and develops physical literacy using unstructured, general play skills, activities, and games that contributes to development of Agility Balance and Coordination. The program that targets participants in the Active Start and FUNdamentals phases of the Canadian LTAD model.

Cost:

Contact:

- <https://www.athleticsalberta.com/physical-literacy-programs/rjtw-rbc-learn-to-play-workshops/>
- Athletics Alberta Technical Manager – 780-427-8792; bradbabiak@athleticsalberta.com
- 1-780-427-8792; info@athleticsalberta.com

Name: Cricket - Kanga Ball

Description:

- Kanga Ball is a miniature version of cricket using a rubber ball and plastic bats and wickets in a gymnasium.

Cost:

- Equipment will be provided by Alberta Schools Cricket Association.

Contact:

- <http://www.ascacricket.com>
- Christie Marathalingam: 780-438-0460; asca_cricket@yahoo.com

Name: Golf in Schools

Description:

- The initial element of the program is focused on assisting Canadian school teachers (specialists and non-specialists) with and without a background in golf, to plan and deliver quality learning experiences using golf as the vehicle.
- GIS offers an Elementary Program (grades 1-5), an Intermediate Program (grades 6-8) and a High School Program (grades 9-12).

Cost:

- Special offer: GIS elementary learning resource - \$25. The GIS learning resource with the set of safety-first equipment for \$175. Intermediate resource and equipment set - \$335. High school resource and equipment set - \$495.
- Full price: \$475.00 (elementary), \$635.00 (Intermediate) and \$795.00 (high school)

Contact:

- <http://golfinschools.golfcanada.ca>
- Alberta Golf: 403-236-4616 ext 105; jennifer@albertagolf.org

Name: Netball - School Clinics Program

Description:

- Netball Alberta coaches will teach classes during the school's regular PE curriculum.
- Netball Curriculum is available as a free download.

Cost:

- Equipment will be provided by Netball Alberta. Netball Alberta will also lend new netball equipment to schools in Alberta. A complimentary teacher informational session is included.
- \$175/day for Netball Alberta coach-run programs.

Contact:

- <http://netballalberta.com/school-program/book-clinic.html>
- 403-800-2045; coach@netballalberta.com

Name: Table Tennis School Program

Description:

- For a member under the Alberta Table Tennis Association (ATTA) school program, ATTA offers a free 2-hour demo every 3 month (4 times in a membership year, Edmonton only). Clubs located outside Edmonton must pay a fee to cover transportation cost and per-diem for the coach who travels from Edmonton to your location.
- For non-ATTA membership school, a demo can be arranged with a fee charged to cover coaching fee, per-diem and transportation costs of the coach.

Cost:

- Table Tennis Canada's TOPS School Manual - \$30
- Equipment for schools: <http://www.ttcn.ca/en/home/sty/23/260/tops-schools-program.aspx>

Contact:

- http://abtabletennis.com/page.php?page_id=92218
- Alberta Table Tennis: 780-427-8588; atta@abtabletennis.com

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Name: Volleyball - Mini-Volleyball (6-8 years old); Atomic Volleyball (9-12 years old)

Description:

- Mini-Volley adapts to the specific needs and abilities of the participants (varying the number of players, altering the court size, adjusting the height of the net, and using bigger and lighter balls).
- Atomic volleyball is an 8-week program with adapted rules (smaller court, lower net, fewer players per side, softer volleyballs).

Cost:

- Mini-Volley Instructor's Guide - \$85
- Atomic Starter Kit: 6 Volleyballs, 2 Instructor's Manuals - \$150 (free with registration)
- Developmental school clinics - \$125 for a half day (1-4 hours) or \$250 for a full day (4-7 hours); Guide included

Contact:

- Mini: <http://www.volleyballalberta.ca/node/39>
- Atomic: <http://www.volleyballalberta.ca/node/47>
- Volleyball Alberta: 780-415-1703 ext 5; krath@volleyballalberta.ca

Name: Baseball - Rally Cap Program; Grand Slam Program; Winterball Program

Description:

- Rally Cap - players perform different tasks in order to earn a colored Baseball Canada Rally Cap that corresponds with various levels of achievement (ages 4-7).
- Grand Slam - players play a modified game with baseball stickers depicting famous Canadian baseball players awarded for successfully completing categories (ages 8-9).
- Winterball progresses through activities set out in nine different lesson plans, taught in three sets to ensure students learn at an appropriate skill and ability level (ages 6-12).

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Cost:

- Rally Cap Manual - \$5; Caps - \$1 each
- The Winterball Program can be installed in any elementary school free of charge. Baseball Alberta will come out to your school for the first day to launch the Winterball program to all classes.

Contact:

- Rally Cap: <http://www.baseballalberta.com/content/rally-cap-program>
- Grand Slam: <http://www.baseballalberta.com/content/grand-slam-program>
- Winterball: <http://www.baseballalberta.com/content/winterball-program>
- Baseball Alberta: 780-427-9008; sheenbromley@baseballalberta.com

Name: Softball - Timbits Softball Program

Description:

- This program was designed to address the specific needs of 5-10 year olds and is replacing the old game of T-Ball.
- The Learn to Play manuals contain 18 prepared lesson plans that were created to increase the activity levels of the children and to challenge them in appropriate ways. Players are broken down into small groups where they can get the required repetitions to make improvements in skill development.

Cost:

- Learn To Play Manual Set, Level 1, 2, & 3 - \$15

Contact:

- <http://softballalberta.ca/Players/LTP/players-learn-to-play-details.asp>
- Softball Alberta: 780-461-7735; info@softballalberta.ca

Name: Lacrosse FITS Program

Description:

- The Lacrosse FITS program is a fun and active sport training and development program designed specifically for community volunteers and coaches with little to no lacrosse experience.
- Each of 6 detailed training modules contains 10 individual lessons and provides an assortment of exciting and engaging activities for players, regardless of skill level.

Cost:

- 1 set of equipment and 1 set of written materials - \$675
- 1 set of equipment - \$600; 1 set of written materials - \$100

Contact:

- Canadian Lacrosse Association - Program Coordinator: 613-260-2028 ext 301; james@lacrosse.ca

Name: Nordic Skiing – Ski-at-School

Description:

- Ski-at-School program may be delivered during regular class hours or after school, onsite or nearby, with the support of a local ski club, or as a stand-alone program.
- The Ski-at-School program guidebook includes lesson plans as a resource for delivering this program. The suggested lesson plans are scheduled with a 1-1½ hour time allotment.

Cost:

- Guidebook is free
- CCC-AltaGas grants may be used for purchasing equipment, transportation of children to a cross country ski facility, grooming on the school premises, coaching or any other relevant operating expenses.

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- Subsidized prices on equipment purchases may be available from some suppliers.

Contact:

- <http://cccski.com/Programs/Athlete-Development/Ski-at-School-Program.aspx>
- skiatschool@cccski.com

Name: Orienteering for Schools

Description:

- Programs are available for students from kindergarten through to university graduates. Fifteen minutes are enough for a small exercise in a school yard or classroom; 45 to 90 minutes gives time for an orienteering activity in the park
- Edmonton Overlanders Orienteering Club has made maps of nearly all Edmonton River Valley Parks for orienteering. Rundle Park also has about 60 permanent controls set up and ready to use. They have maps of many Edmonton schools and will map your school with participation in the program.

Cost:

- Teachers Professional Development course - \$35
- Student Classroom & School Yard Session - \$2 per elementary student; \$5 per junior/senior high student. \$150 minimum charge per day.
- Orienteering at selected River Valley Parks - \$5 per student. \$150 minimum charge per day.
- Rundle Park Permanent Course - \$30 for a set of 30 maps.

Contact:

- <http://www.orienteer.ab.ca/youth-programs/schools/>
- 587-990-3531; schoolsorienteingyeg@gmail.com

Name: Lawn Bowling - Indoors

Description:

- Equipment for indoor (gymnasium) lawn bowling is available from Lawn Bowls Association of Alberta

Cost:

- Contact Lawn Bowls Association of Alberta

Contact:

- <http://bowls.ab.ca/>
- Lawn Bowls Association of Alberta: 780-427-8119; office@bowls.ab.ca
- contact the local club

Name: Fencing - Armband Instructional Program

Description:

- Aligned with the NCCP's Competency Based Education and Training Model of coaching training and sport delivery, the Instructional Program is divided both by stages of skill development and fencing -specific performance factors.
- To ensure proper acquisition of skills, athletes are required to demonstrate their skills both within the regular practice of the club and within the context of a formal exam. There are six levels of coloured armband.

Cost:

Contact:

- <http://fencing.ca/armband-instructional-program/>
- Canadian Fencing Federation Executive Director: 613-518-7318; ed@fencing.ca

SPORT & PROGRAM NAME	DESCRIPTION	EQUIPMENT REQUIRED	EQUIPMENT COST	PROGRAM COST	CONTACT
Curling Canada Rocks & Rings	<p>Program visits participating schools for a full school day. They take over the gym as classes take turns visiting for 40 minute sessions of fun and instruction.</p> <p>Various drills, relays and team-building activities are used to introduce students to the sport of curling.</p> <p>Also available: birthday parties, summer camps, community groups and more.</p>	<p>http://floorcurl.com</p>	<p>Starter Kit \$569.00</p> <p>Includes 1 carrying case, 8 FloorCurl rocks, and 2 target/house mats.</p> <p>Extra target mats - \$99</p> <p>Pushers (pair) - \$60</p>	<p>\$225 per school</p>	<p>http://rocksandrings.com</p> <p>Email template; or info@rocksandrings.com</p>
Tennis Little Aces (Progressive Tennis)	<p>Little Aces is a community tennis project funded by Tennis Canada to introduce affordable and accessible progressive tennis programs into schools, gyms, clubs, community leagues, and parks and recreation departments.</p> <p>Introduces the sport of tennis to young players aged 5-10.</p> <p>Uses modified tennis balls, racquets, nets and courts.</p>	<p>Appropriate sized racquet</p>	<p>\$20 per racquet</p>	<p>\$105 - \$210 plus 5% service fee</p>	<p>http://edmontonjuniortennis.com</p> <p>Edmonton Little Aces Matt Ormandy: 780-504-2661 matt.ormandy@edmontonjuniortennis.com info@edmontonjuniortennis.com</p> <p>Tennis Alberta 780-415-1661 info@tennisalberta.com</p>

National Archery in the Schools Program	NASP is a joint venture between the state and provincial departments of Education and Wildlife. Several archery equipment manufacturers and organizations are also partners. The program promotes student education, physical education and participation in the life-long sport of Archery. In Alberta, the Alberta Hunter Education Instructors' Association (AHEIA) is the coordinator of this program.instruction school gymnasium at a cost-effective rate per student.			Not stated	http://aheia.com/NASP Dave Paplawski, AB Provincial Program Coordinator, AB Hunter Education Instructors' Association 403-319-2277 dave@aheia.com
Athletics Run, Jump, Throw, Wheel	Run Jump Throw Wheel is a program for children 6-12 years of age which teaches fundamental movement skills and develops physical literacy using track and field activities and games.		1/2 Day Starter Package - \$1500 Full Day Starter Package - \$2000		http://runjumthrowwheel.ca/ Brad Babiak, Technical Manager (780) 427-8792 bradbabiak@athleticsalberta.com
Cricket Kanga Ball	Kanga Ball is a miniature version of cricket using a rubber ball and plastic bats and wickets in the school gym.	Equipment will be provided by ASCA.	None	None(?) From Annual Report	http://www.ascacricket.com Christie Marathalingam 780-438-0460 asca_cricket@yahoo.com
Golf in Schools	The initial element of the program is focused on assisting Canadian school teachers (specialists and non-specialists)		GIS elementary learning resource - \$25. The GIS learning resource with the set	Delivered by teachers or other leaders	www.nationalgolfinschools.com Jennifer Davidson, Coordinator 403-236-4616 ext 105

	with and without a background in golf, to plan and deliver quality learning experiences using golf as the vehicle.		of safety-first equipment for \$175. Intermediate resource and equipment set - \$335. High school resource and equipment set - \$495.		jennifer@albertagolf.org ngis@golfcanada.ca 1-800-263-0009 ext. 204
Netball School Clinics Program	Netball Alberta coaches will teach classes during the school's regular PE curriculum. Netball Curriculum is available as a free download.	Equipment will be provided by NA.	NA will lend new netball equipment to schools in Alberta. A complimentary teacher informational session is included.	\$150/day for NA coach-run programs	http://netballalberta.com/school-program/book-clinic.html 403-966-8041 coach@netballalberta.com
Table Tennis TOPS	Free Demonstrations and Coaching. TOPS Manual contains full lesson plans, stroke cards, and activity cards to help teach the skills of the game. It is broken down into both age and development ranges: 5-8 or beginners, 9-16 or intermediate and 9-16 advanced.			Free for members	http://abtabletennis.com/page.php?page_id=92218 780-427-8588 atta@abtabletennis.com
Mini-Volleyball (6-8 years old) Atomic Volleyball (9-12 years old)	Mini-Volley adapts to the specific needs and abilities of the participants (varying the number of players, altering the court size, adjusting the height of the net, and using bigger and lighter balls). ATOMIC volleyball is an 8-week program with adapted rules (smaller court, lower net, fewer players per side, softer		Instructor's Guide (\$85) Starter kit - \$150	Half-day - \$125 Full-day - \$250	http://www.volleyballalberta.ca/node/39 http://www.volleyballalberta.ca/node/47 Kiruthika Rathanaswami 780-415-1703 krath@volleyballalberta.ca

	volleyballs).				
Baseball Rally Cap Program	Players perform different tasks in order to earn a colored Baseball Canada Rally Cap that corresponds with various levels of achievement (ages 4-7). Ages 8-9 play a modified game (Grand Slam).		Rally Cap Manual - \$5 Caps - \$1 each		http://www.baseballalberta.com/content/rally-cap-program http://www.baseballalberta.com/content/grand-slam-program
Grand Slam Program					Sheen Bromley 780-427-9008 sheenbromley@baseballalberta.com
Softball Timbits Softball Program (5 - 10 year olds)	Learn to Play manuals contain 18 prepared lesson plans (replaces T-ball).		Learn To Play Manual Set, Level 1, 2, & 3 - \$15		http://www.softballalberta.ca/Players/LTP/players-learn-to-play-details.asp (780) 461-7735 info@softballalberta.ca
Lacrosse FITS Program	Lacrosse FITS has 6 detailed training modules each containing 10 individual lessons.		Equipment package - \$600 Manuals - \$100		http://www.lacrossefits.ca/ Canadian Lacrosse Association Alain Brouillette 613-260-2028 ext 301 james@lacrosse.ca
Lawn Bowling	Equipment for indoor (gymnasium) lawn bowling				Patricia Vos office@bowls.ab.ca 780-427-8119
Fencing Armband Instructional Program	Different coloured armbands are awarded based on assessment of skills.		Armband - \$5 each		Caroline Sharp, Executive Director 613-518-7318 ed@fencing.ca
Nordic Skiing Ski at School	Sponsored by AltaGas (national program).		Discounts are offered by equipment suppliers. Free guidebook online.	Grants are available up to 50% of budget	Ilona Gyapay, Athlete Development Coordinator 403-678-6791 Ext. 41 igyapay@cccski.com
Orienteering for Schools	Programs for students from kindergarten through to	Maps are supplied;	Rundle Park maps - \$30	\$150 minimum	http://www.orienteer.ab.ca/youth-programs/schools/

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	university graduates	compass optional		per day	Dorothy: 587-990-3531 schoolsorienteingyeg@gmail.com
SPORT & PROGRAM NAME	DESCRIPTION	EQUIPMENT REQUIRED	EQUIPMENT COST	PROGRAM COST	CONTACT